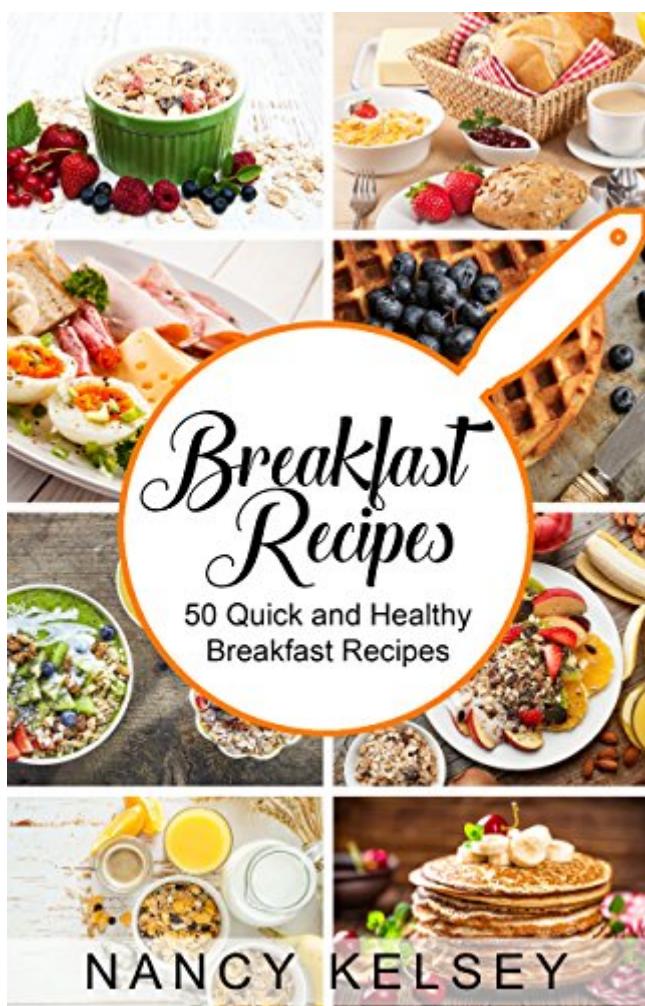


The book was found

Breakfast Recipes: 50 Quick And Healthy Breakfast Recipes (Quick & Easy Breakfast Recipes, Delicious Breakfast, Everyday Recipes)



Synopsis

50 Over the Top Quick and Healthy BreakfastsIn this recipe book you'll find 50 Over the Top Quick and Healthy Breakfasts all over the world with all kinds of different types.You'll find the Following Main Benefits in This Breakfast Recipes Book.=> Each recipe in this cookbook is healthy, tasty and easy to prepare.=> Each recipe is accompanied with a captivating, beautiful and colored picture of the final outcome recipe.=> Step-by-step directions for preparing each of the recipes that makes the process of cooking much quicker & easier.=> Ingredient list for every recipe is clearly written and measurements are given in a very simple and easy to understand manner.Tried, Tested and SO GOOD!

Book Information

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Customer Reviews

There are some interesting recipes in this book. What I like is that there is a pic for every recipe except in her bonus recipes.Now what I did not like is that the book is not professionally edited. There are misspellings and clumsy wordings in the book and some directions that are not clear. This is not as good as some of her previous books.The reviewer is the author of the Kindle book entitled:

Sex Education for Adults Secrets To Amazing Sex and Happily Ever After Too

Chef /author Nancy Kelsey has many books to her credit and our enjoyment. CROCKPOT RECIPES, PALEO SLOW COOKER, MEATLOAF RECIPES, GLUTEN FREE BREAKFAST, SMOOTHIES FOR WEIGHT LOSS, SLOW COOKER BREAKFAST, QUICK AND EASY RECIPES, LOW CARB CHICKEN RECIPES, SEAFOOD RECIPES, EGGS FOR BREAKFAST RECIPES, SLOW COOKER, PRESSURE COOKER RECIPES and now she adds BREAKFAST RECIPES. She has covered the spectrum of quick but healthy and nutritious meals. Without the need to explain or define or defend the well-known and accepted concept of starting the day with a nutritious healthy breakfast, Nancy simply opens her book with 50 of the breakfast recipes she considers to be the most delicious. The recipes range from Slow Cooker Recipes, Bacon Waffles, Pancakes, Breakfast Shepherd's Pie, Creme Brulee French Toast, Crumpets With Cheese & Bacon, Crunch French Toast, Peppered Sausage Gravy and Biscuits, Blueberry Almond Crepes, Egg Lasagna, Toad, Belgian Waffles, Eggs Benedict Wrap, Banana Bread Muffins, Egg and Bacon Tarts, and more. 50 winners in all. As a valuable bonus she adds 30 Easy Crook Pot Recipes! Each of the recipes in the book is accompanied by a color photograph of the finished product, prep time, cooking time, servings, and ingredients, cooking directions as well as some variations with each dish. Easy to follow, easy to prepare and very delicious end product!

Grady Harp, July 16

Breakfast Recipes: 50 Quick and Healthy Breakfast Recipes (Quick & Easy Breakfast Recipes, Delicious Breakfast, Everyday Recipes) by Nancy Kelsey Each recipe starts with a title, color photo, prep and total time, servings. List of healthy ingredients and you should be able to substitute for your dietary needs. Directions on how to make the dish are included. No nutritional information. Lots of bonus recipes at the end along with other works by the author. Most of the ingredients are fresh and healthy. Not liking that you use hash browns out of the freezer to use-they are so processed and have too much sodium for our diets. Gonna try making them from potatoes where I control the spices and herbs used and store them in the fridge for quick useage.

Good selection of some tasty breakfast recipes, but healthy they are not. Plenty of butter, bacon and syrup for the good, old fashioned breakfast lover. Some recipes show substitutes to cut down on the fat, but most do not. I'm not a health nut, so no big deal, but misleading title.

Breakfast Recipes has a variety of recipes for every pallet. These include Bacon Waffles, Breakfast Shepherd's Pie, Blueberry Almond Crepes, Egg Lasagna, and Banana Bread Muffins. I'm not sure I agree that they are healthy - plenty of bacon and butter is used in many of the recipes. The book also could benefit from a good editing job, as there are quite a few spelling and punctuation errors. Readers looking for new breakfast recipes who are not overly concerned about them being healthy, will find this book useful.

I love Brunches and the kids and grandkids are all big breakfast fans so I was excited when I was offered this book. The pictures are great and the recipes are good but sort of the same old same old - not necessarily super healthy. The two of my kids that cook for their children are very conscious of breakfast, fats, bacon etc. So you could take the recipes in this book and make them a lot healthier.

Breakfast Recipes: 50 Quick & Healthy Breakfast Recipes is a great cookbook to have when you have guests and want to surprise them with a healthy and tasty breakfast or just when you cook for yourself. I liked it gave prep time, cook time and number of servings at the beginning of each recipe along with a picture of the food prepared. The ingredients were listed clearly and the directions are easy to follow.

I have to admit that I am a very lazy cook, so the fact that these recipes are designed to be QUICK is what caught my eye. Unfortunately, I'm the type that is more likely to pop something in the microware or toaster than to cook something, but if you enjoy cooking, even when you don't have much time, then you will enjoy this set of recipes.

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